



Davao del Sur State College
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Child and Adolescent Learners and Learning Principles



PREFACE

Welcome to this course pack for Child and Adolescent Learners and Learning Principles. It is designed as a comprehensive, accessible, and evidence-informed resource for pre-service teachers who seek to understand how children and adolescents grow, think, communicate, form relationships, develop values, learn, and become motivated in diverse educational settings. The material complements classroom instruction through essential readings, guided activities, reflective questions, visual organizers, learner cases, and practical applications that connect developmental and learning theories with responsible teaching practice.

The course pack is organized into four interconnected modules. Module 1 establishes the foundations of human development through its domains, influencing factors, principles, observable aspects, and key developmental issues. Module 2 examines physical growth, developmental milestones, and cognitive development. Module 3 focuses on socio-emotional, moral, language, and literacy development. Module 4 explores learning preferences, learner-centered principles, major learning theories, and contemporary explanations of motivation. This division allows each developmental area to be discussed in sufficient depth while preserving a whole-child perspective.

Finally, this course pack aims to deepen understanding of the whole learner and promote teaching decisions grounded in developmental science, learning principles, compassion, inclusion, and professional judgment. Through sustained engagement with the four modules, students are expected to become reflective and responsive educators who maintain high expectations, provide appropriate scaffolding, respect learner diversity, collaborate with families and communities, and create safe and meaningful environments in which every child and adolescent can participate, develop competence, and experience a genuine opportunity to succeed.

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